

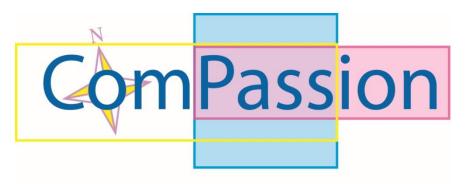
Open The Doors To Your MORE & Business Success By Utilizing Your Inner Wisdom Compass

- **Step 1.** Make a Conscious Choice to 'BE' and co-create from your own authority and authentic Self and the energies of the True Vision and Highest Potential of your business.
- **Step 2.** Utilize the energetics of Compassion to assist you in creating a new way of choosing what's True for you that's free of attachment in making choices and decisions.
- **Step 3.** When a situation or person presents an opportunity to you, take the time (even if it's only for a quick moment) to take a deep breath to check in with your Self about what's being asked of you. In that moment, connect with the breath and center your Self while you 'feel into' the request and ask your Self ...

"Is this in the Highest Potential for my Self, my vision and my business?"

Use the vibration and 'feeling' tone of Compassion as your inner guide. Just because something, or someone, has presented itself with an offer or request, it does not mean you're obligated to take action with it in the present moment, or even at all.

This new definition of Compassion will support you in listening to your intuition (your innate wisdom and Universal connection) and to stand in your authority and power ...



PLUS check in with Love ... <u>Living Only Vibrant Energy</u>





Step 3 (continued). The Situation, Person, Request, Opportunity or Idea is:

As I envision	and breathe into its energy, what do I feel?
Suggestion: Ask your Self to be free of	attachment as you feel, sense, see or hear the answer.



"YES", because I feel ... Enlivened, Inspired, Uplifted, Energized, Sparked, Free, Passionate, Love, Joy, Detached, Prosperous, Grace, Gratitude, Thrival, Expansive and my MORE, even if fears come up.



OR "**NO**", **because I feel** ... Drained, Depleted, Low or No Energy, Uninspired, a 'Should', 'Have To' or 'Need To' Energy, an Agenda, Attached, Survival, or other negative feelings, thoughts or beliefs.

OR "**NO, NOT RIGHT NOW**" because I feel ... Neutral or it's a Flat Energy. Meaning: it's not the time yet, the timing is off so possibly in the future, I don't have all of the information yet, or I could go either way, so it's "a Pass for Now" until I feel the energy of Passion.

Write down what you feel.

Step 4. Once you have used the Compassion test as your guide, then ask your Self ... "Is _____ creating LOVE . . . Living Only Vibrant Energy in my business as well as for my life, my health and well-being, my relationships, my finances and my purpose?"

And if you 'feel' the vibrant energy, then this too is a confirmation of a 'Yes' that you're on the 'right' path and energetically aligned with your authentic Self and your Vision!

Step 5. If the answer is a 'No' to the Living Only Vibrant Energy and it doesn't feel 'good' or seems 'off' (even a little bit), but your Compassion test was a 'Yes', then ask your Self ... "What is energetically out of alignment within me, or with ______ for me?" OR "What is my inner guidance asking me ... to pay attention to, to become aware of and/or to resolve within my Self so I AM energetically aligned to move forward?"

Then take the action steps, i.e., clearing, healing and realignment, renegotiation, create a different agreement, let go of attachments to the outcome until you <u>feel</u> a solid YES!