

You Can Now Go From ...



To Transforming You & Your Life To ...



Abandonment	⇒	Connection
Betrayal	⇒	Trust
Victim	⇒	Empowerment
Indecision	⇒	Confidence
Confusion	⇒	Clarity
Trapped	⇒	Freedom
Shut Down	⇒	Expression
Uninspired	⇒	Passionate
Doubt	⇒	Creative
Depression	⇒	Happiness
Dissatisfaction	⇒	Fulfillment
Blame	⇒	Ownership
Fault	⇒	Responsibility
Negative Self Talk	⇒	Self-Acceptance
Rejection	⇒	Respect
Destruction	⇒	Honor
Beat-Up	⇒	Acknowledgement
Judgment	⇒	Compassion
Shoulds	⇒	Desires
Out of Control	⇒	Alignment
Mistakes	⇒	Lessons
Failures	⇒	Opportunities
Regrets	⇒	Celebration
Condemnation	⇒	Forgiveness
Lack	⇒	Enough
Resistance	⇒	Allowance
Fear	⇒	Love
Co-dependent	⇒	Intra-dependent
Dysfunction	⇒	Healthy